

PSHE including Online Safety Long Term Plan

- PSHE: <https://www.coramlifeeducation.org.uk/scarf/lesson-plans/> and The Life Education Bus.
- **Online Safety and Digital Citizenship** progressive activities.
- **Protective Behaviours** (teaching children how to keep themselves safe).
- Including: Say No to Bullying - beginning of November. Anti-Bullying Week.

Year R	PSHE	Me and My Relationships and Valuing Difference (Coram Life Education)		Being My Best and Growing and Changing (Coram Life Education)		Keeping Myself Safe (Coram Life Education) and <u>Protective Behaviours</u> Including Sun Safety	
	Online Safety	Keep it Private (online safety and digital citizenship)		Making Decisions (online safety and digital citizenship)		Digital citizens and online friends	
Year 1	PSHE	Me and my relationships.	Valuing differences.	Being my best.	Keeping myself safe. <u>Protective Behaviours</u>	Rights and responsibilities.	Growing and changing.
	Online Safety	Keep it private. (Hector's World 1)	Believe it or not! (Hector's World 2)	Making decisions. (Hector's World 3)	My online world. (Hector's World 4)	Digital citizens. (Hector's World 5)	Online friends. (Hector's World 6)
Year 2	PSHE	Me and my relationships.	Rights and responsibilities.	Valuing differences.	Keeping myself safe. <u>Protective Behaviours</u>	Growing and changing.	Being my best.
	Online Safety	Keep It Private	Believe It or Not!	Making Decisions	My Online World	Digital Citizens	Online Friends

Year 3 & 4	PSHE	Me and my relationships	Valuing difference	Keeping myself safe <u>Protective Behaviours</u>	Rules, rights and responsibilities	Being my best	Growing and changing (including puberty in year 4)
	Online Safety	Keep It Private	Believe It or Not!	Making Decisions	My Online World	Digital Citizens	Online Friends
Year 5 & 6	PSHE	Me and my relationships	Valuing differences	Keeping myself safe <u>Protective Behaviours</u>	Rights and Responsibilities	Growing and changing (including in year 6 one optional, non statutory lesson - how a baby is made)	Being my best
	Online Safety	Keep It Private	Believe It or Not!	Making Decisions	My Online World	Digital Citizens	Online Friends